

# TENNESSEE CORRECTION ACADEMY

## Fall Winter 2021-2022 WEEK 1

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

### LUNCH (includes soup of the day)

Chicken Tenderloin Fritters Baked Potato w/ Sour Cream & Shredded Cheese Broccoli & Carrots Fresh Baked Roll Chocolate Chip Cookie	Lasagna Mixed Vegetables Garlic Bread Rice Krispies Treat	Stir Fry Chicken Teriyaki Fried Vegetable Rice Glazed Carrots Gelatin Parfait	Cobb Salad w/ Chicken, Hard Boiled Egg, Cucumber, Tomato, Blue Cheese Crumbles, & Bacon Fresh Baked Cookie	Pepperoni Pizza Rotini w/ Marinara Lemon Broccoli Gelatin Parfait	No Meal Service No Meal Service
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### DINNER

Cheeseburger French Fries Baked Beans Peach Cobbler	Chicken Taco Salad w/ Tortilla Rounds, Lettuce, Tomato, Onion, Cheese, Sour Cream, Salsa, and Black Beans Cinnamon Cake	Corn Dog Tater Tots Carrot Salad Chocolate Pudding	Chicken Salad Sandwich Potato Chips Fudge Brownie	No Meal Service	Sack Meal: Ham & Cheese on Hoagie Roll w/ Mustard/Mayo Potato Chips Cookies Fruit Drink
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### QUICK START BREAKFAST

- Creamy Oatmeal w/Toppings
- Ready-to-Eat Cereal
- Yogurt & Fresh Fruit
- Continental Selection of Breads, Bagels, & Pastries
- Scrambled and Hard Boiled Eggs
- Breakfast Meat

### BEVERAGES



- Breakfast: Coffee, Tea, Milk, Juice
- Lunch/Dinner: Iced Tea, Fruit Drink

### FRESH GARDEN BAR

Create the perfect healthy meal at our fresh garden bar! Build your own salad from your choice of lettuce, fresh veggies, dressings, and other toppings.

Fruit Offered Daily

Served Daily with Lunch & Dinner

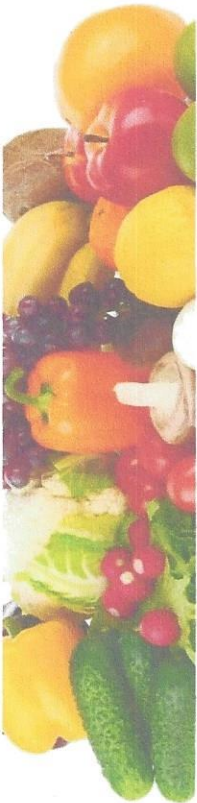
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# TENNESSEE CORRECTION ACADEMY

Fall Winter 2021-2022 WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LUNCH (includes soup of the day)</b>						
Spaghetti w/ Meatball	Chicken Philly Cheesesteak Hoagie w/ pickle	Overstuffed Chili Cheese Potato Steamed Seasoned Broccoli	Chef Salad w/ Grilled Chicken, Hard Boiled Egg, Ham, Swiss	Ham & Cheese Sandwich w/ lettuce tomato & Onion	No Meal Service	
Vegetable Blend	Seasoned Black Beans	Mini Corn Muffin	Cheese, Tomato, lettuce Carrot, & Green Pepper, Crackers	Potato Chips		
Garlic Bread	Chips	Rice Crispy Treat		Creamy Coleslaw		
Fudge Brownie	Cinnamon Cake			Ice Cream		
<b>DINNER</b>						
Chicken Strips	Country Fried Steak	Chicken Fettuccine Alfredo	Breaded Chicken Homestyle Sandwich on Bun	No Meal Service		
Au Gratin Potatoes	Oven Roasted Potatoes, Peas	Seasoned Broccoli	w/lettuce, tomato			
Peas	Fresh Baked Roll	Garlic Bread	Chips			
Roll	Oatmeal Cookie	Gelatin w/ fruit	Peanut butter			
Peanut butter	<b>QUICK START BREAKFAST</b>		<b>FRESH GARDEN BAR</b>			
	Creamy Oatmeal w/Toppings	Ready-to-Eat Cereal	Create the perfect healthy meal at our fresh garden bar! Build your own salad from your choice of lettuce, fresh veggies, dressings, and other toppings.			
	Yogurt & Fresh Fruit	Continental Selection of Breads, Bagels, & Pastries	Fruit Offered Daily			
	Scrambled and Hard Boiled Eggs	Breakfast Meat	Served Daily with Lunch & Dinner			

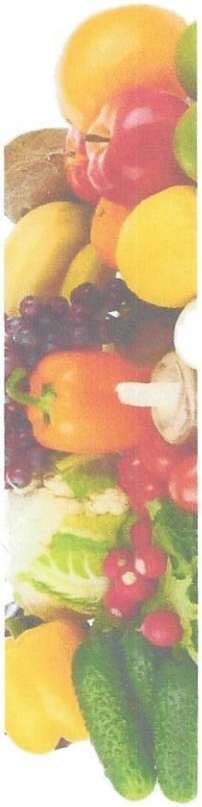


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# TENNESSEE CORRECTION ACADEMY

Fall Winter 2021-2022 WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>LUNCH (includes soup of the day)</b>							
	Country Fried Beef Fritter Steak Rice & Gravy Green Beans Chocolate Pudding	BBQ Sandwich Chips Cole Slaw Chocolate Chip Cookie	Chicken Caesar Wrap Bakes Sweet Potato Pea Salad Fresh Baked Cookie	Grilled Carne Asada Pork Loin Creamy Coleslaw Corn Dinner Roll Iced Oatmeal Cookie	Cheeseburger w/ Toppings French Fries Seasoned Green Beans Lemon Square	No Meal Service	No Meal Service
<b>DINNER</b>							
	Buffalo Chicken Wrap Cucumber & Tomato Salad Pasta Salad Fudge Brownie	Chipotle Lime Chicken Drumstick Red Beans & Rice Seasoned Corn Mini Corn Muffin Gelatin Parfait	Zesty Orange Chicken Seasoned Rice Carrots Cinnamon Cake	Turkey Burger Old Fashioned Coleslaw Baked French Fries Peanut butter Cookie		No Meal Service	Sack Meal: Salami & Cheese on Hoagie Roll w/ Mustard/Mayo Potato Chips Cookies Fruit Drink

### QUICK START BREAKFAST

- Creamy Oatmeal w/Toppings
- Ready-to-Eat Cereal
- Yogurt & Fresh Fruit
- Continental Selection of Breads, Bagels, & Pastries
- Scrambled and Hard Boiled Eggs
- Breakfast Meat

### BEVERAGES

- Breakfast: Coffee, Tea, Milk, Juice
- Lunch/Dinner: Iced Tea, Fruit Drink



### FRESH GARDEN BAR

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Fruit Offered Daily  
Served Daily with Lunch & Dinner

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# TENNESSEE CORRECTION ACADEMY

## Fall Winter 2021-2022 WEEK 4

### Monday Tuesday Wednesday Thursday Friday Saturday Sunday

#### LUNCH (includes soup of the day)

Philly Cheese Steak French Fries Peas Apple Crisp	Cheesy Chicken Broccoli Rice Casserole Seasoned Carrots Fresh Fruit Salad Ambrosia	Taco's w/lettuce, onion & Tomato Black Beans Rice Pudding	Breaded Chicken Homestyle Sandwich on Bun w/lettuce, tomato Chips Peanut butter Brownie	Bacon, Lettuce & Tomato Wrap Baked Beans Potato Chips Frosted White Cake	No Meal Service	No Meal Service
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#### DINNER

Buffalo Wings w/ Carrot & Celery Sticks w/ Ranch Dipping Sauce French Fries Rice Krispies Treat	Tuna Salad Sandwich w/ lettuce & Tomato Chips Waldorf Salad	Spaghetti w/ Meatball Vegetable Blend Garlic Bread Fudge Brownie	Corndog French Fries Coleslaw Peanut butter Brownie	No Meal Service	No Meal Service	Sack Meal: Bologna & Cheese on Hoagie Roll w/ Mustard/Mayo Potato Chips Cookies Fruit Drink
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#### QUICK START BREAKFAST

Creamy Oatmeal w/Toppings  
Ready-to-Eat Cereal  
Yogurt & Fresh Fruit  
Continental Selection of Breads,  
Bagels, & Pastries  
Scrambled and Hard-Boiled Eggs  
Breakfast Meat

#### BEVERAGES



Breakfast: Coffee, Tea,  
Milk, Juice  
Lunch/Dinner: Iced Tea,  
Fruit Drink

Create the perfect healthy meal at our fresh garden bar! Build your own salad from your choice of lettuce, fresh veggies, dressings, and other toppings.

Fruit Offered Daily

Served Daily with Lunch & Dinner



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